



## Lost Time Impact Study

### WorkRx<sup>®</sup> Mentoring

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The Lost time Impact Study defines the corporate strategies used to prevent and control work disruption. The intent is to define the best return-to-work practices that build, maintain and protect the productivity and well-being of an employer's workforce

We invite you use this tool as a means of defining key lost time patterns and the associated policies and practices that may be generating such patterns.

We would be please to assist you in this analysis. Please contact

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**SECTION A**

**COMPANY IDENTIFIERS AND DEMOGRAPHICS**

1. Company Name: \_\_\_\_\_

2. Location: \_\_\_\_\_ Number of Subsidiaries: \_\_\_\_\_

3. Subsidiaries: \_\_\_\_\_

4. Type of Industry: \_\_\_\_\_ SIC Code: \_\_\_\_\_

5. Our company is: publicly held \_\_\_\_\_ privately-owned \_\_\_\_\_ (check one)

6. We are a: for-profit? \_\_\_\_\_ Non-profit? \_\_\_\_\_ (check one) company

7. Our work force is organized: Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how many unions are involved? \_\_\_\_\_  
Who is (are) the primary union(s)? \_\_\_\_\_

8. The total number of employees in our work force is \_\_\_\_\_. FT \_\_\_\_\_%. PT \_\_\_\_\_%. Temp \_\_\_\_\_%.  
Average annual turnover \_\_\_\_\_%. Average number of new hires per year \_\_\_\_\_.

9. The distribution of employees across our work force: % Corporate Headquarters \_\_\_\_ % Other Locations \_\_\_\_\_

10. Our work force gender distribution is: Male \_\_\_\_\_% Female \_\_\_\_\_%

11. The age distribution in our work force is:

< 30 yrs.	_____%	31 - 40 yrs.	_____%
41 - 50 yrs.	_____%	51 - 60 yrs.	_____%
61 - 65 yrs.	_____%	65+ yrs.	_____%

12. Our seniority distribution:

< 5 yrs.	_____%	6 - 15 yrs.	_____%
16 - 25 yrs.	_____%	25+ yrs.	_____%

13. Our work force skill characteristics are:

Professional	_____%	Managers	_____%	Clerical	_____%
Craft	_____%	Semi-skilled	_____%	Unskilled	_____%

**SECTION B**

**COMPANY HEALTH & BENEFIT PLANS**

1. Our company's worker's compensation coverage is:  
 Insured  Self-Insured  Retro  State Fund  
 If insured, who is the carrier? \_\_\_\_\_  
 If self-insured, is the plan self-administered?  Yes  No If not, who is the TPA? \_\_\_\_\_

2. Our company's short-term disability coverage is:  
 Insured  Self-Insured  Salary Continuation  State Disability  a voluntary benefit  
 If insured, who is the carrier? \_\_\_\_\_  
 If self-insured, is the plan self-administered?  Yes  No TPA/ASO? \_\_\_\_\_

3. Our company's long-term disability coverage is  Insured  Self-Insured  a voluntary benefit  
 If insured, who is the carrier? \_\_\_\_\_  
 If self-insured, is the plan self-administered?  Yes  No If not, who is the TPA? \_\_\_\_\_

4. What is your company's current health-care coverage?  Insured  Self-Insured  a voluntary benefit  
 We have an occupational health clinic on site?  Yes  No  Not Sure  
 If insured, who is the carrier? \_\_\_\_\_ How long? \_\_\_\_\_  
 If self-insured, is the plan self-administered?  Yes  No TPA/ASO? \_\_\_\_\_

5. Are there or have there been active efforts to integrate these insurance products?  
 Yes if yes, is it successful?  Yes  No  No, but considering  Not interested  
 STD - LTD - WC  STD - LTD  WC - Group Health  All

**SECTION C**

**WORK DISRUPTION PROFILES**

1. Our annual work disruption patterns are:	Don't Track	2008	2009	2010
# of Lost Work Days (total)	<input type="checkbox"/>	_____	_____	_____
# of Lost Work Days - WC	<input type="checkbox"/>	_____	_____	_____
# of Lost Work Days - STD/A&S	<input type="checkbox"/>	_____	_____	_____
# of Lost Work Day claims (total)	<input type="checkbox"/>	_____	_____	_____
# of Lost Work Day claims - WC	<input type="checkbox"/>	_____	_____	_____
# of Lost Work Day claims - STD/A&S/FMLA	<input type="checkbox"/>	_____	_____	_____
# of New Long Term Disability Claims	<input type="checkbox"/>	_____	_____	_____

2. Our annual costs of work disruption are:	Don't Track	2008	2009	2010
Worker's Compensation Lost Time	<input type="checkbox"/>	_____	_____	_____
Medical Costs of Work Injuries	<input type="checkbox"/>	_____	_____	_____
A&S - Short Term Disability - Salary Cont.	<input type="checkbox"/>	_____	_____	_____
Long Term Disability	<input type="checkbox"/>	_____	_____	_____
Group Health Insurance	<input type="checkbox"/>	_____	_____	_____
Total disability costs to % of payroll	<input type="checkbox"/>	_____	_____	_____
3. Our most common work-related injuries/illnesses leading to lost time are: (please rank, if possible)				
Back strains/sprains _____	Knee injuries _____	Stress-related _____		
Carpal tunnel syndrome _____	Chemical exposures _____	Hand injuries _____		
Fractures _____	Cuts & lacerations _____	Shoulder injuries _____		
Malingering _____	Chronic pain _____	Other _____		
4. Our most common non-work-related conditions leading to lost time are: (please rank, if possible)				
Non-orthopedic surgery _____	Chronic fatigue _____	Fractures _____		
Pregnancy _____	Cardiac-related conditions _____	Malingering _____		
Back strains/sprains _____	Stroke/neurological _____	Depression/anxiety _____		
Chronic pain _____	Cancer _____	Other _____		

**SECTION D RETURN-TO-WORK POLICIES AND PROGRAMS**

	Yes	No	Not Sure
1. We have formal return-to-work policies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. We have a formal return-to-work program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. We use assistive technology to prevent lost time or protect employability?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Our return-to-work program covers all forms of lost time? If no, just work related, STD, LTD, EAP, FMLA?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Our RTW program, is it for all employees?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. We use the following RTW strategies?			
a. Early intervention case management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Job bank for light duty placement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. RTW planning function on site	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. On-site physical therapy/work conditioning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Off-site work conditioning programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Supervisor training related to disability management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Transitional work center	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Transitional work placement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Time limits for light duty assignments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. Vocational rehabilitation counseling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k. Out-placement services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l. Lost time tracking system	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m. RTW wage or economic incentives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
n. Specialized work-site modification service	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
o. Assistive Technology	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
p. Absence Management Strategies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
q. Work/Life Management Programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
r. Disability Data Warehouse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Are you satisfied with its RTW program?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. We have formal methods of determining an employee's readiness to come back to work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. We use a medical case management service?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
a. For all employees	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Just for worker's compensation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Behavioral health/stress related cases	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. We apply special strategies to hire and employ individuals with impairments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. We offer the following special RTW or stay at work strategies:			
_____			
_____			

**SECTION E**

**HEALTH-CARE AND RISK REDUCTION PROGRAMS**

- |   |                          |  |                          |
|---|--------------------------|--|--------------------------|
| 1. We offer formal risk reductions programs related to:                             | Yes                      | No   | Not Sure                 |
| a. Smoking cessation  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| b. Fitness, exercise & nutrition  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| c. Driver safety & seat belts   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| d. Substance abuse  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| e. Literacy development   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| f. Employee assistance programs   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| g. Stress management programs   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| h. Managed Care - Worker's Compensation   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| i. Managed Care - Group Health  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| 2. We have a formal ergonomics program related to:                                  | Yes                      | No   | Not Sure                 |
| a. Initial employee placement   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| b. Symptom management/resolution  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| c. Return-to-work planning  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| d. Work-site accommodations - ADA   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| e. Job change or transfer activities  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| f. Assistive Technology   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> |
| 3. Our biggest needs regarding work and disability, health and productivity are?    |                          |  |                          |
| <input type="checkbox"/> No problems  |                          | <input type="checkbox"/> Tracking lost time  |                          |
| <input type="checkbox"/> Reducing lost time   |                          | <input type="checkbox"/> Defining the cost of disability                                     |                          |
| <input type="checkbox"/> Reducing disability costs                                  |                          | <input type="checkbox"/> Using case management services                                      |                          |
| <input type="checkbox"/> Preventing malingering                                     |                          | <input type="checkbox"/> Developing better RTW options                                       |                          |
| <input type="checkbox"/> Integrating disability insurance programs                  |                          | <input type="checkbox"/> Linking with rehab providers  |                          |
| <input type="checkbox"/> Building injury prevention programs                        |                          | <input type="checkbox"/> Applying early intervention   |                          |
| <input type="checkbox"/> Enhancing safety programs                                  |                          | <input type="checkbox"/> Developing formal RTW policies                                      |                          |
| <input type="checkbox"/> Working with physicians more effectively                   |                          | <input type="checkbox"/> Preparing supervisors to prevent disability                         |                          |
| <input type="checkbox"/> Receiving better service from health or disability vendors |                          | <input type="checkbox"/> Dealing with employees who seem to be unmotivated to return to work |                          |
| <input type="checkbox"/> Other _____  |                          |  |                          |

Please provide any additional comments or observations regarding your return-to-work practices

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